



# Ambourne House Day Nursery

## Week One

	<u>Lunch</u>	<u>Tea</u>
<b><u>Monday</u></b>	S: Garlic Bread M: Pasta Bolognaise V: Quorn alternative	M: Sausage Rolls & Potato Salad V: Vegetarian alternative P: Fruit Salad
<b><u>Tuesday</u></b>	M: Chicken & Leek Pie V: Quorn alternative P: Natural Yoghurt with Honey	M: Homemade Soup V: Vegetarian Suitable P: Cheese Scones
<b><u>Wednesday</u></b>	M: Creamy Fish Pie V: Vegetarian suitable P: Apple Crumble & Custard	S: Bread Sticks with Salsa M: Coronation Chicken Wraps & Salad V: Vegetarian alternative
<b><u>Thursday</u></b>	S: Naan Bread M: Chicken Korma & Rice V: Vegetarian alternative	M: Puff Pastry Pizza Slices V: Vegetarian option P: Greek Yoghurt & Pineapple
<b><u>Friday</u></b>	M: Sausage Casserole V: Vegetarian alternative D: Melon Medley	M: Chicken Falitas V: Quorn alternative P: Fromage Frais

Meals are freshly prepared on a daily basis by our nursery chef. They ensure that children have the varied diet required to help them develop their tastes and make healthy choices for the future