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| **Week 4** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast** | A selection of cereals Toast with various toppings | A selection of cereals Toast with various toppings | A selection of cereals Toast with various toppings | A selection of cereals Toast with various toppings | A selection of cereals Toast with various toppings |
| **Morning Snack** | Fresh Fruit Milk/Water | Fresh Fruit Milk/Water | Fresh Fruit Milk/Water | Fresh Fruit Milk/Water | Fresh Fruit Milk/Water |
| **Lunch** | Lentil Dahl, Rice & Naan BreadV: Vegetarian Suitable | Beef Stew & DumplingsV: Vegetarian alternative | Fish Curry & RiceV: Vegetarian Alternative | Cottage Pie & VegV: Vegetarian Alternative | Vegetarian Soup with Homemade BreadV: Vegetarian suitable |
| **Afternoon Snack** | Yogurt & Fresh Fruit Milk/Water | Fresh Vegetables & CrackersMilk/Water | Yogurt & Fresh Fruit Milk/Water | Fresh Vegetables & CrackersMilk/Water | Fresh Vegetables & CrackersMilk/Water |
| **Tea** | Chicken Burgers & Salad V: Vegetarian Alternative | Sausage Rolls & Pasta Salad V: Vegetarian Alternative  | Veggie Quiche & Savoury RiceV: Vegetarian Suitable | Chicken Fajita Wraps & SaladV: Vegetarian Alternative | Jacket Potato & HoopsV: Vegetarian alternative |



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