

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereals Toast with various toppings	A selection of cereals Toast with various toppings	A selection of cereals Toast with various toppings	A selection of cereals Toast with various toppings	A selection of cereals Toast with various toppings
Morning Snack	Fresh Fruit Milk/Water	Fresh Fruit Milk/Water	Fresh Fruit Milk/Water	Fresh Fruit Milk/Water	Fresh Fruit Milk/Water
Lunch	Vegetable & Chickpea Curry with Rice & Naan Bread V: Vegetarian Suitable	Chicken Fajitas & Broccoli V: Vegetarian Alternative	Roast Dinner V: Vegetarian Alternative	Peppered Kidney Beans & Vegetables with Steamed Cabbage & Rice V: Vegetarian suitable	Fish Fillets, New Potatoes and Green Beans V: Vegetarian Alternative
Afternoon Snack	Fresh vegetables & dip Milk/Water	Fresh vegetables Milk/Water	Fresh vegetables & hummus Milk/Water	Fresh vegetables Milk/Water	Fresh vegetables Milk/Water
Tea	Tuna & Sweetcorn Pasta Bake V: Vegetarian Alternative	Jacket Potato, Beans & Cheese V: Vegetarian Suitable	Fish Cakes & Salad V: Vegetarian alternative	Tagliatelle Carbonara V: Vegetarian Alternative	Assorted Sandwiches V: Vegetarian Suitable

